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RAW = Unprocessed + Unfiltered + Authentic

PURE = True + Unadulterated + Safe

WILD = Ghana + Handmade + Sustainable

#### GOURMET

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#### You Like To Glow Inside & Out? Charlie This Is For You!

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### Conditioner + Growth + Moisture Booster What You Eat Shows On Your Skin!

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Handmade + Upcycled + Ghanaian



#### N GHANA N GHANA N GOURMET

Raw Handmade Skincare sourced from the wilds of Ghana and so pure you can eat it.

#### Mission

Developing people one jar at a time.

#### Vision

To be a global leader in sustainable skincare that develops people.

# Defining "Develop"

Working out possibilities in skincare.
Creating good practice with deliberate effort over time.
Promoting growth in Ghana.
Making use of Ghana's raw resources.
Edifying people throughout our value chain.
Bringing into being, generating, and evolving great skin and well being.



**RAW** handmade skincare Sourced in the **WILD** of Ghana So **PURE** you can eat it.

**RAW** = Unprocessed + Unfiltered + Authentic

**PURE** = True + Unadulterated + Safe

**WILD** = Ghana + Handmade + Sustainable



# For Products Good Enough To Eat

Use A Gourmet Preserving Spoon

Our products are made with absolutely no preservatives – we mean NONE!

That's why we ask that you do not use your fingers to scoop out the product as to not introduce bacteria into the pure goodness. Just as you will not put your fingers in food you would like to preserve, try not to put your fingers in our cosmetics in order to extend its shelf life.

So, we crafted this beautiful, sustainably sourced, wooden gourmet spoon to help you scoop out the rawness BUT if you insist on being handsy – please stick the product in the fridge.





# Edible Butters

High-quality
Exotic Ingredients
Skilled Preparation
#EATYOURSKINCARE



### Raw Cocoa Butter

Evens Skin Tone + Soothing + Healing

#### For all skin types

Non-greasy.
Easily absorbed.
This butter is edible.
Handmade in Ghana.

#### **Nutritional Information**

Raw & Unrefined Cocoa Butter

#### **Uses**

Apply as a daily moisturizer. Great for face, body and hair. A great vegan ingredient.



### Raw Shea Butter

Anti-Inflammatory + Moisturizing + Healing

#### For all skin types.

Fatty Acids, Vitamin E, A & F. Nuts gathered from the wild. Processed by women from the North. Handmade in Ghana.

#### **Nutritional Information**

Raw Shea Butter

#### **Uses**

**Daily moisturizer -** for face, body and hair. **Raw and unrefined -** yes, you can and should eat it!

Great vegan substitute for butter or cooking oil.



# Cocoa & Wild Honey Butter

Natural Glow + Anti-aging + Brightens

New York Times best smeller **for all skin types.** Handmade in Ghana.

#### **Nutritional Information**

Raw Cocoa Butter

- + Pure Castor Oil
- + Raw Coconut Oil
- + Pure Moringa Oil
- + Wild Northern Honey

#### **Uses**

Daily moisturizer for face, body and hair. Amazing pre-poo conditioner.



# Cocoa & Coconut Butter

Hydrating + Healing + Soothing

#### For all skin types

Super creamy and non-greasy. Handmade in Ghana.

#### **Nutritional Information**

Raw Cocoa Butter + Raw Coconut Oil

#### **Uses**

This is an edible butter.

Daily moisturizer - for face, body and hair.

Great vegan ingredient for cooking.



# Coconut & Shea Butter

Hydrate + Anti-inflammatory + Boost Elasticity

#### For all skin types.

Simple skin nutrition.

Coconut + Shea Butter = Freaking awesome!

Handmade in Ghana.

#### **Nutritional Information**

Raw Shea Butter + Pure Cold Pressed Coconut Oil

#### Uses

This is an edible butter.

Daily moisturizer - for face, body and hair.

Great vegan ingredient for cooking.



# Baobab & Shea Butter

Evens Skin Tone + Anti-inflammatory + Healing

#### For all skin types

Arsenal against dry skin. Boost collagen. Handmade in Ghana.

#### **Nutritional Information**

Raw Shea Butter

- + Raw Coconut Oil
- + Pure Baobab Oil
- + Wild Northern Honey

#### Uses

Daily moisturizer for face, body and hai

For Ghana, Our Planet, And Everyone.

### **OUR PURPOSE**

To be of great service to others, flourishing through decency, honesty and respect.



# Cleansers

Not sure if you have the "real deal"?

One rule of thumb to look for; authentic

African Black Soap should look brown and not black.



## African Black Soap

Antibacterial + Antifungal + Antioxidant

#### For all skin types.

100% Genuine black soap. Handmade in Ghana.

#### **Nutritional Information**

Cocoa Pod Ash

- + Pure Palm Kernel Oil
- + Raw Shea Butter

#### **How To Use**

Face & body wash.
For odour control, add lime.
Makeup remover.
Safe for clothes and dishes.

#### Tip

Our 250g bar is too big to use all at once. Cut what you need and store the rest. Save your money Chale!



### Peppermint African Black Soap

Antibacterial + Antifungal + Anti-inflammatory

#### For all skin types

100% Genuine black soap. Handmade in Ghana.

#### **Nutritional Information**

Cocoa Pod Ash

- + Pure Palm Kernel Oil
- + Raw Shea Butter
- + Peppermint Essential Oil

#### **How To Use**

Face & body wash for normal skin. For odour control, add lime. Makeup remover. Safe for clothes and dishes

#### **Tips**

Our 250g bar is too big to use all at once. Cut what you need and store the rest. Save your money Chale!



### Tea Tree Black Soap With Wild Honey

Antiseptic + Anti-inflammatory + Healing

#### For oily to normal skin.

Crafted to tackle problematic skin.
One pump goes a long way.
Shake well before use - absolutely zero emollients.
Once you go black - you will never go back.
Handmade in Ghana.

#### **Nutritional Information**

Pure Water

- + Cocoa Pod Ash
- + Raw Coconut Oil
- + Pure Palm Kernel Oil
- + Tea Tree Essential Oil
- + Wild Northern Honey

#### **How To Use**

Face and body wash.
For odour control, add lime.
Makeup remover and brush cleaner.
Safe for clothes and dishes.



### Peppermint Black Soap With Wild Honey

Refreshing + Squeaky Clean + Soothing

### Not recommended for sensitive skin.

Shake well before use.
Absolutely zero emollients or preservatives.
One pump goes a long way.
Once you go black - you will never go back.
Handmade in Ghana.

#### **Nutritional Information**

Pure Water

- + Cocoa Pod Ash
- + Raw Coconut Oil
- + Pure Palm Kernel Oil
- + Peppermint Essential Oil
- + Wild Northern Honey

#### **How To Use**

Face & body wash for normal skin. For odour control, add lime. Makeup remover and brush cleaner. Safe for clothes and dishes.



### Baobab Black Soap With Wild Honey

Moisturize + Anti-inflammatory + Rich

#### For all skin types.

Added moisture boost.

One pump goes a long way.

Shake well before use - absolutely zero emollients.

Once you go black - you will never go back.

Handmade in Ghana

#### **Nutritional Information**

Pure Water

- + Cocoa Pod Ash
- + Raw Coconut Oil
- + Pure Palm Kernel Oil
- + Pure Baobab Oil
- + Wild Northern Honey

#### **Uses**

Face and body wash.
For odour control, add lime.
Makeup remover and brush cleaner.
Safe for clothes and dishes.



# Coffee & Black Soap Scrub

Antioxidant + Anti-aging + Convenient

#### For all skin types.

Scrub and soap in one. Extra clean and really smooth skin in 3 minutes or less. Careful: once you go black - you never go back!

Handmade in Ghana.

#### **Nutritional Information**

Raw Ghana Coffee by Asili

- + Pure Water
- + Cocoa Pod Ash
- + Raw Coconut Oil
- + Pure Palm Kernel Oil
- + Pure Baobab Oil
- + Wild Northern Honey

#### **How To Use**

Scrub. Wash. Moisturize. Use 2-3 times a week. For face and body.



### Ginger & Tea Tree Toner

Anti – bacterial + Cleanser + Evens Skin Tone

Made from fresh ingredients from the portal forest of GHANA. We partnered with portal forest in OBRONIKROM BEDUM, Central Region and created this simple yet gorgeous toner. Safe. Effective. Your face will love this.

#### **Nutritional Information**

#### Water

- + 90% Iso Propyl Alcohol
- + Ghana Brewed Apple Cider Vinegar
- + Tea Tree + Ginger + Patchouli + Ylang Ylang essential oils Nothing else.

#### How To Use

Use twice a day. Morning & evening After cleansing with any of our black soaps, Apply to face using a cotton pad. Wipe face thoroughly with a cotton pad. Circular motions for 2 – 3 minutes. Enjoy your day.

For all skin types. Handmade in GHANA.

This blend contains no preservatives. Sustainably sourced. Keep closed when not in use. Refrigerate for long life.



# Ginger & Bee Propolis Toner

#### **Nutritional Information**

Aqua(water), ghana brewed apple cider vinegar, zingiber officinale root oil (ginger), curcuma longa oil (turmeric), lantana camara leaf extract (lantana) & propolis extract (bee propolis). Nothing else.

Anti-Inflammatory + Healing + Balancing

Made from fresh ingredients from the portal forest of Ghana. We partnered with portal forest in Obronikrom Bedum, Central Region and created this simple yet gorgeous toner. Safe. Effective. Your face will love this.

#### **How To Use**

Shake Well Before Each Use.
Use Twice A Day. Morning & Evening
After Oil Cleansing With Our Cold Pressed Coconut Oil.
Apply To Face Using A Cotton Pad.
Wipe Face Thoroughly With Cotton Pad.
Circular Motions For 2 – 3 Minutes.
Enjoy A Stress Free Day

This water help reduce dandruff and dryness which boosts hair growth! This water soothes, heals and refreshes skin and face!

For all skin types. Handmade in ghana. This product is vegan, gluten and cruelty free. We only test on humans!
Sustainably sourced.



# Edible Scrubs

Locally sourced with zero preservatives. Made with taste in mind. Handmade in Ghana with edible ingredients.



### Ghana Turmeric Mask

#### **Nutritional Information**

100% pure termite & ant mound clay. Harvested from nutrient-rich soil from the northern region of ghana. And pure turmeric powder sourced from so b green. Nothing else.

#### **Use A Wooden Preserving Spoon**

Mix it all up with your preserving spoon – really well! Clean your face, body or hair. Add 2-3 teaspoons of the mask and a drizzle of water to a bowl. Mix and let it sit for a few minutes. Massage onto the face, body or hair, avoiding your eye area. Let it sit for 10-15 minutes until the mask is dry. Rinse. Moisturize with one of our oils or butters. Use 2-3 times a week. Optional: add apple cider vinegar or tea tree essential oil

#### BY THE WAY: TURMERIC CAN STAIN!

All the benefits of turmeric antioxidant + healing + anti-inflammatory All the benefits of ghana clay detoxify + exfoliate + tighten

For all skin types. Handmade in ghana.

The colour of each batch of clay may differ because we harvest the mounds sustainably, and that means we cannot harvest a mound more than twice a year. Sustainably sourced. This product is gluten & cruelty free. We only test on humans.



# Coconut & Cinnamon Exfoliating Salt

Soften + Renew + Regenerate

#### For all skin types.

Ghana beach life in a jar. Dare you to taste it! Handmade in Ghana.

#### **Nutritional Information**

Raw Coconuts

- + Raw Coconut Oil
- + Cane Sugar
- + Ghana Sea Salt
- + Raw Cinnamon
- + Wild Northern Honey

#### **How To Use**

Apply on dry, clean skin.

Use a preserving spoon to scoop up a dollop. Apply in circular motion on face and/or body For 2 - 3 minutes.

Then lightly add water till the scrub becomes a paste. Let it sit for 5-10 minutes.

Rinse.

Use 2-3 times a week.



# Hibiscus & Tea Tree Sugar Scrub

Antioxidant + Anti-inflammatory + Astringent

#### For all skin types.

Just like Sobolo Funky, Colorful, Sweet and Tangy. Handmade in Ghana.

#### **Nutritional Information**

Cane Sugar

- + Raw Hibiscus Powder
- + Raw Coconut Oil
- + Ghana Sea Salt
- + Tea Tree Essential Oil
- + Wild Northern Honey

#### **How To Use**

Wet your face.

No preservatives, so use a preserving spoon! Scoop up a dollop.

Apply in circular motion on face and/or body. Let it sit for 5-10 minutes.

Use 2-3 times a week.

#### **Tips**

Excellent lip scrub.



## Baobab Sugar Scrub

Refresh + Regenerate + Renew

#### For all skin types.

Prepared with real "Bay + Uh + Bab" fruit pulp. Handmade in Ghana.

#### **Nutritional Information**

Cane Sugar

- + Raw Coconut Oil
- + Ghana Sea Salt
- + Wild Baobab Fruit Pulp
- + Pure Baobab Oil
- + Peppermint Essential Oil
- + Wild Northern Honey

#### How To Use

Wet your face or lips.

No preservatives, so use a preserving spoon! Scoop up a dollop.

Apply in circular motion on face and/or body. Let it sit for 5-10 minutes.

Rinse.

Use 2-3 times a week.

#### Tips

Excellent lip scrub.



# Coffee & Moringa Scrub

Anti-aging + Brighten + Regenerate

#### For all skin types.

We partnered with Ghanaian premium coffee brand - Asili Gentle exfoliation.

Antioxidant-packed.

Handmade in Ghana.

#### **Nutritional Information**

Raw Ghana Coffee by Asili

- + Raw Coconut Oil
- + Sea Salt
- + Pure Moringa Powder
- + Pure Moringa Oil
- + Wild Northern Honey

#### How To Use

Wet your face.

No preservatives, so use a preserving spoon! Scoop up a dollop.

Apply in circular motion on face and/or body. Let it sit for 5-10 minutes.

Rinse.

Use 2-3 times a week.



# Cocoa & Sea Salt Scrub

Revive + Brighten + Exfoliate Real chocolate and real sea salt. #eatyourskincare For all skin types. Handmade in GHANA.

#### **Nutritional Information**

Raw cocoa butter & powder

- + GHANA sea salt
- + wild northern honey
- + cane sugar
- + raw coconut oil Nothing else.

#### **How To Use**

Wet your face or body. Scoop up a dollop. Apply in a circular motion on face and/or body. Let it sit for 5-10 minutes. Rinse thoroughly. Use 2-3 times a week.

Tip: excellent lip scrub.

Sustainably sourced. Keep closed when not in use. Refrigerate for long life.

This blend contains no preservatives - so use a preserving spoon! But if you insist on being handsy - stick it in a fridge.

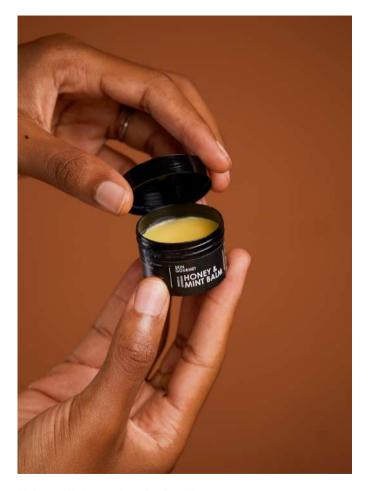
Beauty is patient.
Beauty is kind.
Beauty does not envy.
Beauty does not boast.
Beauty is not proud.

Beauty does not dishonor others.
Beauty is not self–seeking.
Beauty is not easily angered.
Beauty keeps no record of wrongs.
Beauty does not delight in what is wrong but rejoices with the truth.

Beauty always protects.
Beauty always trusts.
Beauty always hopes.
Beauty always perseveres.
Beauty never fails.







### Honey& Mint Balm

Soothing + Healing + Inflammatory

#### For all skin types.

Probably the best natural lip balm - ever. Use whenever, wherever. Handmade in Ghana.

#### **Nutritional Information**

Pure Cold Pressed Coconut Oil

- + Raw Shea Butter
- + Raw Beeswax
- + Peppermint Essential Oil
- + Wild Northern Honey

#### **Uses**

Lip and face balm. Dry spot treatment. Heal bumps and bruises.



### Ghana Clay Mask

Detoxify + Exfoliate + Tighten

#### For all skin types.

Harvested from nutrient-rich soil from the Northern region of Ghana.
Handmade in Ghana.

#### **Nutritional Information**

Pure termite and ant mound clay.

#### How To Use

Clean your face.
Add 2-3 teaspoons of clay mask and a drizzle of water to a bowl.
Mix and let it sit for a few minutes.
Massage onto the face, avoiding your eye area.
Let it sit for 10-15 minutes until the mask is dry.
Rinse.

Moisturize with one of our oils or butters. Use 2-3 times a week.

#### Info

The colour of each batch of clay may differ because we harvest the mounds sustainably, and that means we cannot harvest a mound more than twice a year.



To do nothing from rivalry or conceit, but in humility, count others more significant than ourselves.

To not look only to our interests but also the interests of others. We must take on the form of a servant being there to serve others.





# Edible Oils

Cold Pressed + Food Grade + Handmade + Sourced from the Wild

Pure oils with so many benefits. Find more information and recipes at skingourmetgh.com



## **Coconut Oil**

Delicious + Moisturizng + Nutritious + Versatile

## For all skin types.

This is an edible oil.

Wait! Smell it - Yeah ... we knew you'd like that.

Handmade in Ghana.

## **Nutritional Information**

Pure Cold Pressed Coconut Oil

#### **How To Use**

Apply as a daily moisturizer. For face, body and hair. For everything.

## Tips on Uses:

Makeup remover
Oil pulling
Natural lubricant
Cooking oil
Salad dressing
Natural deodorant



## **Castor Oil**

Antifungal + Anti-wrinkle + Healing

## For all skin types.

Not beaver oil - Castor Oil (French joke!) This is an edible oil BUT careful, it's a powerful laxative. Handmade in Ghana.

## **Nutritional Information**

Pure Cold Pressed Castor Oil

## **How To Use**

For face, body and hair. Deep conditioner. Perfect ingredient in pre-poo and hair mask.



## **Moringa Oil**

Anti-aging + Brightening + Super Antioxidant Rich in Protein + Rich Potassium + Rich Calcium Vitamin C + Vitamin A

## For all skin types.

This is an edible oil.
The miracle oil for healing.
Handmade in Ghana.

#### **Nutritional Information**

Pure Cold Pressed Hemp Seed Oil

## **How To Use**

Daily moisturizer for face, body and hair. Famous for its anti-aging properties. Nutritious skincare.



## **Baobab Oil**

Boosts Collagen + Rejuvenating + Nourishing

## "Bay + Uh + Bab" for all skin types.

Not an edible oil but an excellent moisturizer. From the Adansonia tree. Handmade in Ghana.

## **Nutritional Information**

Pure Cold Pressed Baobab Oil

## **How To Use**

For face, body and hair.



## **Neem Oil**

Antifungal + Antiseptic + Antibacterial + Antioxidants

## For all skin types.

Rich in fatty acids and vitamin E. Powerful medicinal oil. May smell like fried onions in red palm oil. Handmade in Ghana.

## **Nutritional Information**

Pure Cold Pressed Neem Oil

## **How To Use**

Use for exceptional softness, suppleness, and radiance of face, body & hair.
Excellent acne and dandruff treatment.



## **Shea Oil**

Strengthens + Softens + Soothes

## For all skin types. This is an edible oil.

Rich in vitamin E, fatty acid and minerals. Handmade in Ghana.

## **Nutritional Information**

Pure Cold Pressed Shea Oil

#### **How To Use**

For face, body and hair. Shea, shea, shea - gotta love deez nutz!



## **Beard Oil**

Conditioner + Growth + Moisture Booster

## For all skin types.

Makes you go from a 9 to a 10 in seconds. Handmade in Ghana.

## **Nutritional Information**

Pure Cold Pressed Coconut Oil

- + Pure Cold Pressed Baobab Oil
- + Pure Cold Pressed Hemp Seed Oil
- + Tea Tree Essential Oil
- + Peppermint Essential Oil

## **How To Use**

Perfect beard maintenance.
Apply after the shower; massage from root to end.
Excellent after shave.
Treats and prevents razor bumps.





Safe Kind Positive Quality Selfless Nutritious Thoughtful Conscious Enlightened Sustainable Responsible Considerate

# Masks & Teas



# Wild Northern Honey

Raw + Unadulterated + Unpasteurized

From Northern Ghana.
Harvested sustainably.
Sweet, thick and dark.
Not recommended for children under the age of 1.
Handmade in Ghana.

### **Nutritional Information**

Wild Northern Honey

## **How To Use**

Eat it. Cook with it. Wear it as a mask on your face or hair.



# Raw Cocoa Powder

Glowing Skin + Anti-aging + Antioxidant

West African brown gold. Smell it. Love it. Handmade in Ghana.

## **Nutritional Information**

Raw Cocoa Powder

## How To Use

Chocolatey hot drinks.
Cocoa-fy coffee.
Sprinkle on fruits, cereals or porridge.
Boost salads.
For yoghurt and smoothies.



# Cinnamon & Wild Honey

Spicy, sweet honey. Not recommended for children under the age of 1. Handmade in Ghana.

## **Nutritional Information**

Raw Cinnamon + Wild Northern Honey

## **How To Use**

Sweetener or topping. Mouthwash. Face or hair mask. Chale, this honey dey be!



# Baobab Fruit Pulp

50% Fiber + Vitamin C + Calcium + Iron

"Bay" + "Uh" + "Bab" fruit powder.
7 times more vitamin C than oranges!
Sustainably sourced in the wilds of Northern Ghana.

#### What does it taste like?

Foreign: Tastes like the lovechild of a grapefruit and a pear. Local: Tastes like yoryee.

## **Nutritional Information**

Wild Baobab Fruit Pulp

## **How To Use**

Make energy balls. Thickener. Smoothie booster. Add pizzazz to drinks. Face mask.





## Gourmet Branded Tees

Fashion + Food + Beauty Rep Ghana.



## Wild Coconut Bowl

MADE FROM DISCARDED COCONUT HUSKS.

## **Nutritional Information**

Made from discarded coconut husks.

Handmade + Upcycled + Ghanaian

The perfect wild bowl for mixing our Gourmet products, or to eat a Healthy meal.

This product is gluten and cruelty free. We only test on humans. Find recipes at www.Skingourmetgh.Com

Store in a cool, dry place. Sustainably sourced. Let's recycle, reuse and reduce waste together!

### **Our Reward Cards**

Our packaging is thoughtful, safe and sustainable - contributing to a healthy and more quality environment. Anytime you use up all the goodness, do not through away the jars. Return them to us and accumulate points for free products.





## **CONTACT INFO**

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