

HANDMADE
IN GHANA

SKIN GOURMET


THE ULIMATE BLACK SOAP GUIDE



Our Black Soap is handmade in the Eastern Region of Ghana. It is free of Lye and made from 100% natural and edible ingredients.



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GOURMET**



Handmade using only high-quality plant-based ingredients from GHANA. Crafted by small rural families in the Eastern Region.

Using techniques that have been passed down through many generations.

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YOU KNOW WHAT
THEY SAY?
ONCE YOU GO
BLACK ...



100% Handmade,
Genuine African
Black Soap.
Absolutely Zero
Parabens Or
Preservatives.
Handmade In
Ghana.

BENEFITS

A man and a woman are shown from the chest up, smiling and washing their hands together. They are covered in white soap foam. The background is a solid pink color with some white foam splatters. The man is on the left, and the woman is on the right. The word 'BENEFITS' is written in large, bold, black letters in the top left corner.

Super Foamy
Antiseptic
Anti-inflammatory
Antioxidant
Antifungal
Antibacterial
Gets You Super Clean
Safe for the environment
Cruelty Free

Authentic Black Soap
is never black but brown.
Our Black Soap has a
pH of 9.6.



Because our soap is alkaline it is great for acidic skin because it helps balance pH levels in the skin. However, if the skin is alkaline, we would not recommend you using black soap



ACIDIC VS. ALKALINE

Acidic Skin

3 to 4 pH Level

Normal Skin

5 to 7 pH Level

Alkaline Skin

7 to 9 pH Level



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SKIN PH SCALE



ACIDIC SKIN

Acne Prone
Eczema
Oiliness
Infections
Blackheads



ALKALINE SKIN

Pre – Mature Aging

Redness

Irritation

Dryness

Dry Spots

Sensitive



USES



Face & Body Wash
Make Up Remover
Shampoo
Safe for Clothes
and Dishes

***For Odor
Control Add
Lime**

Our Liquid Black Soap

All Handmade
with Raw Coconut Oil
& Wild Northern Honey



Tea Tree
Baobab
Peppermint



PEPPERMINT

Cools
Refreshes
Soothing
For Normal and Oily Skin
Not Recommended
for Sensitive Skin

TEA TREE

Treats Acne
Oil Control
Crafted to Tackle
Problematic Skin
For Normal & Oily Skin



BAOBAB

Very Gentle
Moisturizing
Evens Skin Tone
For Normal & Oily Skin



Bar Black Soap

All Handmade
with Raw Shea Butter
& Sustainably Sourced
Palm Kernel Oil



Ingredients

Pure Cocoa Pod Ash

Raw Palm Kernel Oil

Raw Shea Butter

Nothing Else.

For External Use Only.
Sustainably Sourced.
Store In A Cool, Dry
Place. To Keep This
Product Fresh, Store In A
Cool Dry Place Away
From Water.

DO NOT KEEP IN WATER.





This Bar Is Too Big
To Use All At
Once. Cut What
You Need And
Store The Rest In
A Fridge.

**CHALE, SAVE
YOUR MONEY!**

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Our Black Soap Bars Also Gently Exfoliate. Their Natural Texture Is Ideal For Removing Dead Skin. These African Bars Are A Soap And A Scrub In One.



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Our Black Soap Bars are
Super Foamy!
Treats Acne & Pimples
Treat Blackheads
Antioxidant
Reduces Cellulite
GetS You Super Clean
Recommended for
Normal & Oily Skin.
Not Recommended for
Sensitive Skin.



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HOW TO USE

Pull a small chunk of soap from the bar and rub in between your hands.

To exfoliate apply the bar directly to skin in a gentle circular motion.

Rub the bar on a soft wet washcloth and then apply washcloth to skin rubbing in a circular motion to cleanse or use on sensitive skin.



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With whatever method you choose, make sure that you thoroughly rinse the soap off with lukewarm water after use.

Afterward, Apply One Of Are Edible Butters Or Oils To Damp Skin. This Locks In The Soap's Natural Hydrating Effects.





BUT ...

Although Our African black soap can work well for most skin types, using it correctly is key to preventing unnecessary side effects. Some people find black soap to be drying.

FOR THOSE SKIN TYPES OUR BAOBAB BLACK SOAP IS A BETTER ALTERNATIVE.

OR ...

To Reduce The Risk
Dryness, Add A
Teaspoon Of Our Wild
Northern Honey To Our
African Bar Black
Soaps.

**PS: ALL OUR LIQUID AFRICAN BLACK
SOAPS ARE MADE OUR WILD
NORTHERN HONEY**



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HOW TO MIX HONEY WITH OUR BAR SOAP

1. Gently break a piece of the soap bar off and drop it in a small mixing bowl.

2. Use a spoon or fork to break the soap down into smaller pieces.

3. Add 1 to 2 teaspoons of raw honey to the bowl.

4. Mix the honey and soap together to create a black soap paste. You can add more honey as needed.



Coffee & Black Soap Scrub



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Handmade In The
Greater Accra Region
Of Ghana. It is Free Of
Lye And Made From
100% Natural And
Edible Ingredients.



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SKIN GOURMET

This Authentic
Cleanser,
Mask and
Exfoliant has a
pH of 7.8.



It is perfect for balancing slightly acidic skin. Super gentle and super safe for most skin types!



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INGREDIENTS

Raw Ghana Coffee

Raw Coconut Oil

Cocoa Pod Ash

Palm Kernel Oil

Pure Water

Wild Northern Honey

Baobab Oil



This Blend Contains
No Preservatives - So
Use A Preserving
Spoon!

But If You Insist On
Being Handsy - Stick It
In A Fridge. To Keep
This Product Fresh,
Store In A Cool Dry
Place Away From
Water.



**HANDMADE
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**Careful: Once You
Go Black - You
Never Go Back! For
External Use Only.**

**For Most Skin Types.
Scrub And Soap In
One. Handmade In
Ghana. Extra Clean
And Really Smooth Skin
In 3 Minutes Or Less.**





QUICK TIP:
If the scrub dries
up simply add
any of our black
soaps to it till you
like the
consistency.
Over time it may
dry up – just add
our liquid black
soap and its like
brand new.

**Use our Coffee
& Black Soap
Scrub as often
as you like -
but only once
a day!**



skingourmetgh.com

HAPPY CLEANSING!

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